

K Längd inomhus**Uppdaterad efter säsongen 2020**

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|---------------------|------|------|----------|-----------|
| Caroline Lundahl | -90 | 6,03 | Malmö | 28/1 2007 |
| Lena Kullberg | -63 | 5,92 | Göteborg | 28/1 1979 |
| Anna Andersson | -74 | 5,92 | Solna | 9/2 1992 |
| Elin Westerlund | -91 | 5,92 | Malmö | 27/1 2008 |
| Anna-Karin Mark | -72 | 5,90 | Malmö | 25/1 1998 |
| Christina Liljegren | -53 | 5,79 | Göteborg | 12/2 1972 |
| Freja Andersdotter | 2001 | 5,78 | Uppsala | 4.3.2017 |
| Carina Månsson | -66 | 5,57 | | 1981 |
| Birgitta Svensson | -71 | 5,55 | Karlstad | 31/1 1988 |
| Gabriela Casadei | -89 | 5,53 | Malmö | 8/2 2004 |

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|--------------------|------|------|------------|-----------|
| Malin Håkansson | -73 | 5,51 | | 1991 |
| Hanna Falck | 2001 | 5,48 | Karlskrona | 12/1 2019 |
| Hanna Löfqvist | -77 | 5,42 | Göteborg | 5/2 1994 |
| Jenny Frick | -74 | 5,41 | | 1990 |
| Carola Strenius | -73 | 5,39 | | 1988 |
| Nadja Casadei | -83 | 5,36 | Eskilstuna | 12/2 2000 |
| Martina Rutgersson | -76 | 5,33 | | 1992 |
| Klara Ekelund | -99 | 5,33 | Växjö | 23/1 2016 |
| Julia Olander | -99 | 5,32 | Malmö | 31/1 2016 |
| Hanna Johansson | 2001 | 5,28 | Växjö | 20/1 2018 |

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|----------------------|------|------|-------------|-----------|
| Malin Åshage | -65 | 5,27 | | 1982 |
| Christine Gustavsson | -55 | 5,27 | | 1974 |
| Merethe Kruse | -70 | 5,25 | Malmö | 16/1 1988 |
| Hilda Lindell | 2004 | 5,21 | Karlskrona | 15/2 2020 |
| Marie Håkansson | -57 | 5,19 | Falun | 3/3 1973 |
| Ewa Warnquist | -85 | 5,18 | Karlskrona | 31/1 2004 |
| Emmy Smedberg | 0 | 5,17 | Göteborg | 12/3 2016 |
| Linnea Lindbom | -98 | 5,15 | Karlskrona | 14/1 2012 |
| Louise Åkesson | -80 | 5,14 | Moscow, USA | 7/3 2003 |
| Moa Engström | -96 | 5,14 | Karlskrona | 16/1 2010 |

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|-------------------|------|------|------------|-----------|
| Anneli Melin | -76 | 5,12 | Göteborg | 19/1 1992 |
| Emily Karlsson | -85 | 5,11 | Västerås | 2/2 2001 |
| Frida Andersson | 2003 | 5,09 | Västerås | 5/3 2019 |
| Patricia Strenius | -89 | 5,05 | Malmö | 8/2 2004 |
| Lisa Stenlund | -99 | 5,04 | Karlskrona | 11/1 2014 |
| Clara Johansson | 2002 | 5,01 | Karlskrona | 12/1 2019 |